

## Clinicians share their strategies

Sunnybrook Health Sciences Centre's Neurovascular Unit has been using the COPM<sup>®</sup> since the rollout in 2021. We have found it benefits our patients in the following ways:

- it helps track and reassess their Occupational Performance Issues (OPIs) through their stroke journey;
- it supports patient centered care by including the patient's perspective about what is important to them, how they feel they are performing their activities and how satisfied they are with their progress.

Here are some strategies we found to be helpful:

**1** Collaborating with our allied health team (PT/OT/SLP/SW) to ensure a holistic approach. For instance, every allied health member contributes individual OPI's which are discussed in our dedicated allied health room.

**2** Visual tracking of COPM<sup>®</sup> completion (i.e. whiteboard in allied health office where each discipline checks off when they have completed sections of RM&R including COPM<sup>®</sup>).

**3** Using pre-made templates to track OPI's in our documentation.

Occupational Performance Problems	Importance



Michelle Nguyen (OT) and Jennifer Mutrie (PT)

We look forward to continue using this tool and hope that we can learn new strategies from other teams to improve our implementation of the COPM<sup>®</sup>

Looking for more tips? Want to learn more about resources that can support the implementation of the COPM<sup>®</sup>? Visit the COPM<sup>®</sup> Initiative Group on the VCoP

