

Clinicians sharing their strategies

The stroke team at North York General Hospital has been using the COPM[®] since 2016. After trialing different ways to use the tool, we have incorporated it in our day-to-day practice. It has been beneficial to our patients in the following ways:



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- It provides an opportunity for our team to get to know patients and families on a personal level and understand what is important to them.
- It is a client-centered tool that allows our patients to have a voice and participate in their recovery journey.
- By sharing patients' Occupational Performance Issues (OPIs) through the continuum, it helps bridge the gap between acute care and rehab.

Here are some strategies we found to be helpful:

1 The interprofessional stroke team uses a central checklist for visual tracking to support the completion of the COPM[®] and communication between team members.

2 We used a designated section in our electronic medical record to have a consistent documentation process to support communication with the interprofessional team about the patients OPIs.

3 Establishing a good relationship with patients and their families from the beginning helps them identify OPIs most important to them.

Looking for more tips? Want to learn more about resources that can support the implementation of the COPM[®]? Visit the COPM[®] Initiative Group on the VCoP.

