



## Resources to capture the patient's voice when completing the COPM<sup>®</sup>

Two resource tools were created to support the completion of the COPM<sup>®</sup>. They work by helping patients identify through images and keywords, occupational performance issues (OPIs) related to their stroke recovery journey.

The first tool is intended for patients and clinicians to use together. The second tool is for patients to use for self-reflection to help identify what is most important to them.

Each tool includes:

- a face sheet
- an instruction sheet
- a rating scale
- ParticiPics (images) on various topics

Toronto Stroke Networks

### What is Important to Me?

Patient Name: \_\_\_\_\_

Date Completed: \_\_\_\_\_

Support by:

Family/Caregiver

Healthcare Provider

Others: \_\_\_\_\_

Stroke Can affect

Thinking      Movement      Speech Swallow

What do you need to do to go home?

Hospital      Home

THINGS THAT MIGHT BE IMPORTANT TO ME

Eating      Walking

Talking      Thinking

Cooking      Cleaning

Managing Medications      Dressing

Toileting      Grooming

What is Important to Me?  
(write or draw in the box below)

Most important 10  
9  
8  
7  
6  
5  
4  
3  
2  
1  
Not important

Date: \_\_\_\_\_

### Watch your inbox for information on a joint COPM<sup>®</sup> and CO-OP site visit in January 2024

Looking for more tips? Want to learn more about resources that can support the implementation of the COPM<sup>®</sup>? Visit the COPM<sup>®</sup> Initiative Group on the VCoP

